

Free Breakfast Daily for all students

2018/2019

Breakfast

Menu

Adult Breakfast \$1.75

Trimble High School Breakfast Menu

Carb Count

White Milk 13 gr
Chocolate Milk 24 gr
Strawberry Milk 24gr
Juice 15 gr
Cereal Bowls 24 gr
Super Doughnuts 29 gr
Trix Yogurt 20 gr
Animal cracker,s 36 gr
Graham Gripz 20 gr
Goldfish Crackers 14 gr
Graham Cracker Fish 19gr
Chocolate Granola 17 gr
Breakfast Sliders 21 gr
Breakfast Sandwich 19 gr
Cheese Stick 1 gr
Bacon, egg &cheese croissant 22 gr
Muffins (Carbs on package)

Fresh Fruit

Large Apple	31 grams
Oranges	22 grams
Clementine Oranges	9 grams
Banana	27 grams

Mondays

**Cereal
&
Goldfish or Animal Crackers**

 Fruit

 Juice

 Milk

Tuesdays

**Pancake Wrap
Or
French toast**

 Fruit

 Juice

 Milk

Wednesdays

**Granola Bar
&
Yogurt or Cheese stick**

Fruit

Juice

Milk

Thursdays

**Breakfast Croissant
(Sausage or Bacon egg and
cheese) 22grams
Or
Breakfast Sandwich**

Fruit

Juice

Milk

Fridays

**Cereal
&
Muffin or Doughnut**

 Fruit

 Juice

 Milk

Menu subject to change

This Institution is an equal opportunity employer